

AGENDA
Osgoode Township High School
School Council Meeting
March 8, 2010, 7 pm, Library

Welcome and Moment of Silence to Honour Our Dear Friend Jeff Essau

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| 1. Approval of agenda | Maggie Harvey |
| 2. Review/approval of Nov 9, 2010 meeting minutes | Maggie Harvey |
| 3. Teacher's Report | Jane Conn |
| 4. Principal's Report | Nancy Girozan |
| 5. New business / Correspondence: | Chair/ All |
| a) Planning for our April 12 th - PRO Grant Event | |

By way of background, you will recall our school council has received a \$1000 'Parents Reaching Out Grant' from the Ministry of Education for a special drug and alcohol awareness evening for parents: ***Drug & Alcohol Awareness Panel – Parenting Your Teen Through Turbulent Times.***

Our goal, as articulated in the grant application is to: *pull together a special panel to discuss an array of issues dealing with teens and alcohol and drug abuse and how parents and the larger community can best take a leadership role in both prevention and intervention. Awareness of the prevalence of the problems will be key, as well as the treatment options and resources available to families.*

We have managed to successfully schedule the following two participants for our panel, and are still attempting to reach our SRO Officer for recommendations on someone from Ottawa Police Services:

- 1) Teen mental health issues - **Dr. Phil Ritchie from CHEO** has agreed to be on the panel to discuss youth mental health and its role in addiction (Fee \$250)
- 2) Drug and alcohol Rehabilitation Services - what can you do, and what can be done for your son/daughter when they start to spiral, and worse – Mike Beauchesne, Executive Vice President – Clinical Services, **Dave Smith Centre** (Suggesting we provide a \$250 donation to the centre for his contributions)
- 3) School Resource Officer - the law and what you need to know about drugs and alcohol abuse in our community - our school resource officer, **Ottawa Police Services**

We have earmarked **April 12th from 7 to 9pm at Osgoode Township High School in Metcalfe** for our panel. Principal Nancy will be booking the library for us and asking if our cafeteria provider will donate light refreshments. Our plan is to give the speakers at least 20 minutes to speak to their respective expertise, and then to open up things for a question and answer session. If possible, it would be wonderful to have a parent and recovered addict able to speak as well. Mr. Beauchesne is looking into this for us.

We need to discuss the following in relation to making this night as meaningful as possible to area parents:

→ **Getting the message out to OTHS parents**
IDEAS

→ **Getting the message out to feeder schools and boarder community**

IDEAS

- Maggie will write copy for a news release, poster and PSA for weeklies/Paula Hall at OCDSB will also send poster electronically to all other school councils and post to Board web site
- Purchase advertising – budget of \$250
- Volunteer to print and hang posters next weekend (budget for printing)

→ **Volunteers to help during the event /names and assignments**

- **Signage at time of event**
- **Moderator** – suggestions?
- **Room set-up** – chairs, information tables
- **Welcome at the door**
- **Media Relations** - someone to assist with media during event
- **Clean-up**
- **Thank-you cards (4)** someone to purchase and have handy for close

→ **Do we want to do a feedback survey?** Who will prepare and distribute that night?

→ **Second planning evening** – book date

6. Adjournment

Chair

The next regularly scheduled school council meeting will be superseded by April 12th drug and alcohol awareness night being organized by the council.

Biographies for Dr Ritchie and Mr. Beauchesne

Dr. Phil Ritchie:

I graduated with a Ph.D. in clinical psychology from Queen's University in 1990. I then completed a post-doc at CHEO and went to work with the school board for 17 years. I've been back at CHEO since 2008 and currently work on inpatient psychiatry and urgent care teams. While with the school board, part of my responsibilities included being clinical lead for the Tragic Events Response Team. I was 12 years volunteering with the Ottawa Valley Critical Incident Stress Management Team, including my final year as clinical director. I've also been seconded by Health Canada to Nova Scotia following the crash of SwissAir Ft 111, by the City following the OC Transpo shootings, and was in Sri Lanka following the tsunami with an American NGO. I've consulted to National Defense, Ottawa Police Services Tactical Team, and the City of Ottawa .

Mr. Beauchesne:

Mike Beauchesne is the Executive Vice President – Clinical Services of the Dave Smith Youth Treatment Centre (DSYTC). Over the past 10 years, he has worked at the DSYTC in a number of capacities, most notably as a Substance Abuse Therapist, Clinical Program Coordinator and Executive Director. Mr. Beauchesne possesses an Honours Degree in Psychology from Carleton University, a Master's Degree in Educational Counselling from the University of Ottawa and is in the process of completing an MBA from the Sprott School of Business. He is a certified trainer and supervisor in the GAIN family of assessment tools and the Adolescent Community Reinforcement Approach (ACRA), and is a Canadian Certified Counsellor (CCC) with the Canadian Counselling and Psychotherapy Association. !